

# Breakfast

## **ULTIMATE BREAKFAST TABLE** 22

Fresh cut fruit, assorted yogurts, oatmeal, selection of cold cereal & milk, poached eggs, cheese platter, assortment of breakfast breads & pastries, french toast/pancakes, roasted potatoes, country style sausage, maple smoked bacon, 3 item omelet, juices, smoothies, & starbucks coffee and tazo teas

## **CONTINENTAL TABLE** 17

Selection of juices, season's best fruits, assorted yogurts, cereals, assortments of breakfast breads, pastries, starbucks coffees, & tazo teas

## Entrées

### **DARK HONEY SPICED QUINOA** 14

Topped with dried fruits & sliced natural almonds 


### **GREEK YOGURT & MARKET BERRIES** 14

With honey almond brittle 


### **ORGANIC GRANOLA YOGURT PANCAKES** 16

With fresh berries, orange segments & Canadian maple syrup 

### **BAKED EGG WHITE FRITTATA** 18

Tofu, spinach, mushrooms, onions, & tomato 

### **ORGANIC PASTEL EGG ALL- NATURAL OMELET** 18

Turkey and spinach omelet with arugula and avocado salad 

### **QUEBEC SMOKED MAPLE HAM, EGGS & ASPARAGUS CASSOULET** 20

Baked golden with oka cheese & chive crust

### **POACHED ORGANIC EGGS SALMON BENEDICT** 20

Chipotle hollandaise & grilled tomato

### **SMOKED SALMON BAGEL** 18

Bagel, cream cheese, tomato, & avocado salad

## Breads + Pastries

### **FRESHLY BAKED PASTRY BASKET**

Your choice of pastries, croissants & muffins served with butter and fruit preserves 7

### **TOAST WITH BUTTER AND FRUIT PRESERVES** 7

Choices of rye, white, brown or English muffin

## Side Orders


### **SMOKED BACON, TURKEY SAUSAGE, SAUSAGE LINKS OR GRILLED HAM** 7

### **POTATO FRIES WITH SCALLIONS** 4

### **TWO EGGS** 6

## Fruits, Juices & Yogurts

### **MARKET FRESH FRUITS** 16

A bountiful selection of the season's best with low-fat yogurt or cottage cheese 

### **NON-FAT OR FRUIT YOGURT** 5

### **BOTTLED ORANGE, APPLE, CRANBERRY OR TOMATO JUICE** 4

## Westin Fresh By The Juicery

Westin Fresh By The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery

Pear, Spinach, Avocado & Coconut Water Juice 7

Celery, Cucumber, Lime & Coconut Water Juice 7

Mango, Blueberries, Avocado & Almond Milk Smoothie 7

Spinach, Kale, Banana, Mango & Cinnamon Smoothie 7

## Coffee + Tea

### **FRESHLY BREWED STARBUCKS® BLEND COFFEE** 3

Regular or decaffeinated

Small pot (3 cups) 8  
Large pot (6 cups) 14

Espresso 6

Cappuccino 6

Caffe latte 6

### **ASSORTED TAZO TEAS** 5

Awake, Calm, Wild Sweet Orange, Earl Grey, Tazo Chai, Passion & Lotus



Indicates SuperFoodsRx™ dishes, which specifically pair whole foods to boost their nutritional benefits and their flavors. Antioxidant rich and naturally low in calories, superfoods are known to improve well-being and longevity.

Service charges and government taxes are additional.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

"These nutritional powerhouse foods can help extend your health span – the extent of time you have to be healthy, vigorous and vital." – Dr. Steven Pratt, author of *SuperFoodsRx: Fourteen Foods That Will Change Your Life*.

©2016 Starwood Hotels & Resorts Worldwide, Inc. All Rights Reserved. Westin and its logos are the trademarks of Starwood Hotels & Resorts Worldwide, Inc., or its affiliates. SuperFoodsRx is a trademark of SuperFoods Partners, LLC.